**ORTHODONTIC BRUSHING TECHNIQUE**.

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| Brush along the gum line | **1.** Brush along the gum line. |
| Brush with bristles directed towards top of brackets | **2.** Brush with the bristles of the toothbrush directed toward the top of the brackets. |
| Brush with bristles directed towards bottom of brackets | **3.** Brush with the bristles of the toothbrush directed toward the bottom of the brackets. |
| Brush by placing the brackets in the groove of the brush | **4.** Brush with the toothbrush by placing the brackets in the groove of the orthodontic brush (the bristles of the toothbrush will be perpendicular to the tooth). |

  **5**. Using your green teepee brush clean under the wire.

 **6.** Using your pink teepee brush clean in between all your teeth.